

Theme: **Cultural Competency**

Learning Objectives
Objective 1: Understand what cultural competency is
Objective 2: Understand why cultural competency is important
Objective 3: Learn strategies to ensure cultural competency in research

Introduction to cultural competency

Cultural competence is defined as the **“ability of providers and organizations to effectively deliver health care services that meet the social, cultural, and linguistic needs of patients”**¹ A culturally competent health care system can improve health outcomes and quality of care, and can contribute to the elimination of health disparities.

Why it is important:

The goal of providing culturally competent care is to provide the highest quality care to every patient, regardless of race, ethnicity, cultural background, English proficiency or literacy, or disability.

Module Content	
Watch: Chimamanda Adichie discusses critical understanding and the danger of a single story (20 minutes) https://www.youtube.com/watch?v=D9lhs241zeg	20 minutes
Read: cultural competence in health care: is it important for people with chronic conditions? https://hpi.georgetown.edu/agingociety/pubhtml/cultural/cultural.html#1	10 minutes
Watch: “Cultural Engagement, Cultural Competence, and Cultural Humility: Essential for Interprofessional Collaborative Practice,” developed by the UB Office of Interprofessional Education. The video features faculty from across health professions sharing their ideas about the importance of cultural engagement in health care delivery. https://www.youtube.com/watch?v=SaSHLbS1V4w&feature=youtu.be	10 minutes
Read: <i>The impact of racism on child and adolescent health</i> https://pediatrics-aappublications-org.aurarialibrary.idm.oclc.org/content/144/2/e20191765	10 minutes

Critical Thinking Questions
1. Why is cultural competency important for your research project? How does it apply to your research?
2. What are some strategies you can use to ensure that you, an emerging investigator, are practicing cultural competency in your research?

Other Resources:

1. Betancourt JR, Green AR, Carrillo JE. ***Cultural Competence in Health Care: Emerging Frameworks and Practical Approaches.***; 2002. www.cmwf.org.
2. Telfair J, Bronheim SM, Harrison S. **Implementation of culturally and linguistically competent policies by state title V children with special health care needs (CSHCN) programs.** *Matern Child Health J.* 2009;13(5):677-686. doi:10.1007/s10995-008-0407-4
3. **Cultural and Linguistic Competence Checklist for MCH Training Programs.** <https://nccc.georgetown.edu/documents/NCCC-Research-Checklist.pdf>.
4. Goode TD, Haywood SH, Wells N, Rhee K. **Family-Centered, Culturally, and Linguistically Competent Care: Essential Components of the Medical Home.** *Pediatr Ann.* 2009;38(9):505-512. doi:10.3928/00904481-20090820-04

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