

## Theme: Cultural Competency

### Learning Objectives

Objective 1: Understand what cultural competency is

Objective 2: Understand why cultural competency is important

Objective 3: Learn strategies to ensure cultural competency in research

### Introduction to cultural competency

Cultural competence is defined as the ***“ability of providers and organizations to effectively deliver health care services that meet the social, cultural, and linguistic needs of patients”***<sup>1</sup>

A culturally competent health care system can improve health outcomes and quality of care, and can contribute to the elimination of health disparities.

**Why it is important:** The goal of providing culturally competent care is to provide the highest quality care to every patient, regardless of race, ethnicity, cultural background, English proficiency or literacy, or disability.

### Module Content

**Watch:** Chimamanda Adichie discusses critical understanding and the danger of a single story (20 minutes)

<https://www.youtube.com/watch?v=D9lhs241zeg>

**20  
minutes**

**Read:** cultural competence in health care: is it important for people with chronic conditions?

<https://hpi.georgetown.edu/agingsociety/pubhtml/cultural/cultural.html#1>

**10  
minutes**

**Watch:** “Cultural Engagement, Cultural Competence, and Cultural Humility: Essential for Interprofessional Collaborative Practice,” developed by the UB Office of Interprofessional Education. The video features faculty from across health professions sharing their ideas about the importance of cultural engagement in health care delivery.

<https://www.youtube.com/watch?v=IVZ71undTJ0&t=279s>

**10  
minutes**

**Disclaimer: There are entire trainings and organizations built on this topic. If you want more information, check out the link below:**

**National Center for Cultural Competence:** <https://nccc.georgetown.edu/>

**Please do not hesitate to reach out to [Charlene.Shelton@ucdenver.edu](mailto:Charlene.Shelton@ucdenver.edu) if you want to discuss any or all of these topics further.**

### **Critical Thinking Questions**

1. Why is cultural competency important for your research project?
2. What assumptions do you have about families who have a CYSHCN?
3. What are some strategies you can use to ensure that you, an emerging investigator, are practicing cultural competency in your research?

### **Resources:**

1. Betancourt JR, Green AR, Carrillo JE. ***Cultural Competence in Health Care: Emerging Frameworks and Practical Approaches.***; 2002. [www.cmwf.org](http://www.cmwf.org).
  2. Telfair J, Bronheim SM, Harrison S. **Implementation of culturally and linguistically competent policies by state title V children with special health care needs (CSHCN) programs.** *Matern Child Health J.* 2009;13(5):677-686. doi:10.1007/s10995-008-0407-4
  3. **Cultural and Linguistic Competence Checklist for MCH Training Programs.** <https://nccc.georgetown.edu/documents/NCCC-Research-Checklist.pdf>.
- \*note: This is an exceptionally practical and short resource.
4. **Goode TD, Haywood SH, Wells N, Rhee K. Family-Centered, Culturally, and Linguistically Competent Care: Essential Components of the Medical Home.** *Pediatr Ann.* 2009;38(9):505-512. doi:10.3928/00904481-20090820-04
  5. Sklar DP. Cultural Competence: **Glimpsing the World Through Our Patients' Eyes as We Guide Their Care.** *Acad Med.* 2018;93(9). [https://journals.lww.com/academicmedicine/Fulltext/2018/09000/Cultural\\_Competence\\_\\_\\_Glimpsing\\_the\\_World\\_Through.1.aspx](https://journals.lww.com/academicmedicine/Fulltext/2018/09000/Cultural_Competence___Glimpsing_the_World_Through.1.aspx).

\*note: Goode, TD is a part of this CYSHCNet